


Maintain Healthy Skin While Wearing a Mask

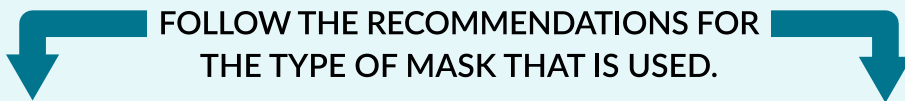
To protect against disease transmission, a mask must fit properly. Follow the directions of the mask manufacturer for correct use of the mask.

To help protect your skin while wearing a mask, follow these recommendations:

TIPS:

- Facial skin must be clean and dry
- If needed, apply moisturizer 1 to 2 hours before donning mask. Don't wear makeup.
- Apply alcohol-free barrier film on intact skin of cheeks, nose, ears once a day. Avoid eyes. The film is waterproof and lasts up to 3 days.

 = Pressure point
(increased risk of skin damage)



SURGICAL MASK



1. Apply StingFree™ and let it dry for 90 seconds

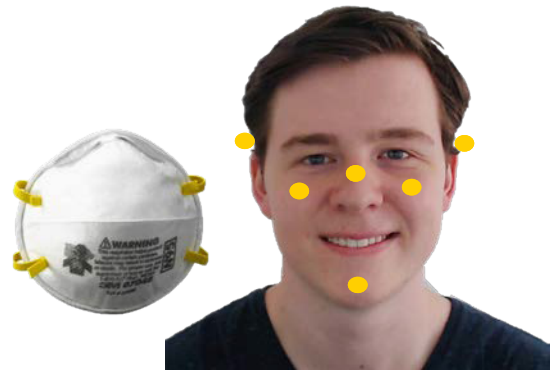


2. Pad sensitive areas of nose, cheeks, ears with a dressing that is cut to fit



Follow directions for removing dressing to avoid damage to skin.

N95 RESPIRATOR MASK



1. Apply StingFree™ and let it dry for 90 seconds



Do not use dressings to pad the face when wearing an N95 mask; they may interfere with fit and seal.
(A thin foam dressing maybe used to pad behind the ears.)

Reference: https://cdn.ymaws.com/www.wocn.org/resource/resmgr/docs/Guidance_for_Skin_Health_Upd.pdf

After The Mask Comes Off

Cleanse, soothe and nourish skin with a gentle cleanser and skin protectant:



For more COVID-19 related resources, please visit dermarite.com/clinical-services

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